

# Set 1

First and second scale degrees (do-re)

♩, ♪ and Whole bar rest

1

Exercise 1: 4/4 time signature. Two staves. The first staff contains a sequence of quarter notes and quarter rests. The second staff contains a sequence of quarter notes and quarter rests, starting with a piano (*p*) dynamic marking.

2

Exercise 2: 3/4 time signature. Two staves. The first staff contains a sequence of quarter notes and quarter rests. The second staff contains a sequence of quarter notes and quarter rests, starting with a forte (*f*) dynamic marking.

3

Exercise 3: 2/4 time signature. Two staves. The first staff contains a sequence of quarter notes and quarter rests with alternating forte (*f*) and piano (*p*) dynamics. The second staff contains a sequence of quarter notes and quarter rests with alternating piano (*p*) and forte (*f*) dynamics.

4

Exercise 4: 4/4 time signature. Two staves. The first staff contains a sequence of quarter notes and quarter rests with alternating forte (*f*) and piano (*p*) dynamics. The second staff contains a sequence of quarter notes and quarter rests with alternating piano (*p*) and forte (*f*) dynamics.

5

Exercise 5: 3/4 time signature. Two staves. The first staff contains a sequence of quarter notes and quarter rests with alternating piano (*p*) and forte (*f*) dynamics. The second staff contains a sequence of quarter notes and quarter rests with alternating forte (*f*) and piano (*p*) dynamics.

6

Exercise 6: 5/4 time signature. Two staves. The first staff contains a sequence of quarter notes and quarter rests with alternating forte (*f*) and piano (*p*) dynamics. The second staff contains a sequence of quarter notes and quarter rests with alternating piano (*p*) and forte (*f*) dynamics.